



Psychology Provision on Brookhaven

21st November 2016

Further to a review of our service provision I am delighted to let you know that from 1st December we will be providing Psychology in Brookhaven to support the development of a psychologically informed environment - within the existing baseline weekly fee rate.

We recognise that it is typical for our population of service users to have complex underlying psychological needs and as a service we have a responsibility to provide a robust treatment strategy to meet service user needs.

The Psychology provision in Brookhaven will strengthen our current MDT and ensure that we continue to be responsive to individual needs on a 1:1 and group basis. It will add a new dimension to our current range of clinical strategies, treatment options and programmes.

I am sure you will welcome this as a progressive step forward for the Brookhaven service.

Meeting Health Needs

Our staff team address service users mental health needs through:

- **Management of risk** – supporting service users to recognize their own risk factors and how to take appropriate action
- **Physical Health** – through a psycho-educational approach
- **Dual Diagnosis** – provided structured approach to substance misuse
- **Psychological** – 1:1 and group work on a needs led basis
- **Symptom reduction** – focus on improvements in quality of life
- **Medication management** – supportive and structure approach to self medication

Meeting Social Care Needs

Service users are supported in meeting their social care needs by offering:

- **Practical support and guidance**
- **Employment and education**
- **Preparation for community transition**

We currently have the following vacancies:

The Hamptons	2
Brookhaven	4

For further information about our services or to arrange a visit, please contact:

Lisa Mullineux, Commissioning Manager Mobile: 07742 602090

Email: lisa.mullineux@active-pathways.com

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