



Outcomes shine through thanks to our innovative programme

Our Modular Transitional Rehabilitation Programme (MTRP) is a specialist programme facilitated by qualified nursing and occupational therapy staff. It is suitable for a small number of people, particularly those who are higher functioning, motivated and at an advanced stage in their recovery journey.

A modular programme

Six service users engaged in the programme over a period of eight months, attending four days per week, modules delivered were:

- Development of “self” and symptom management
- Understanding recovery and living a more fulfilling life
- Family and social support networks
- Relapse prevention
- Education and employment
- Final preparation and step down

“100% of service users completing the programme saw significant improvements in their MOHOST score”

What our service users have said about the programme

“I think the programme itself has been a success. I have really enjoyed doing it and taking part. I have learnt so much about myself as an individual what I am capable of and what I can achieve. If possible I would love to do another in the near future”

“The learning of the modules will help you look at life in a different light. I have enjoyed all the sessions and the staff have done a good job in talking about everything”

“challenging, eye-opening, a purpose (purposeful)”

“The MTRP was presented in an informative and thought provoking way. As well as trying to contribute as much as I could to it, it was interesting to hearing the different opinions and ideas of the other members of the group”

We currently have the following vacancies:

The Hamptons 3

Brookhaven 5

For further information about our services or to arrange a visit, please contact:

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Your Pathway: a better future